



Catholic Charities North/Northwest Regional Services
1717 Rand Road
Des Plaines, IL 60016
(847) 376-2100
North Regional Director Adriana Kelly
Northwest Regional Director Michael Waters

Family Stabilization Services is the point of entry for clients and others on their behalf who are seeking information, case assessment, emergency assistance, advocacy and/or referral to Catholic Charities programs or community resources. Services are available to the Spanish-speaking. **For information call (847) 376-2100.**

Food Pantry provides quality food to people on a monthly basis. This includes meat, produce and dairy along with non-perishable food items. This is a four-day supply of food meant to be a supplemental package until the person can connect with another food resource. Hours are Tuesdays and Thursdays, 10 a.m.-noon and 1-3 p.m.; and Wednesdays, 10 a.m.-noon and 1-6 p.m. **For information call (847) 376-2100.**

Evening Suppers are held at 6 p.m. every Tuesday and Thursday (except on holidays) at our Rand Road site. **For information call (847) 376-2100.**

Clothing Room provides new and gently used clothing, outerwear and footwear for men, women and children. Clothing Room hours are Tuesdays and Thursdays, 1-3 p.m. and 5-6:30 p.m.; and Wednesdays, 1-3 p.m. **For information call (847) 376-2100.**

Homelessness Prevention is a call center provided in collaboration with local agencies to offer financial assistance to those at risk of being evicted or having their heat or electricity turned off due to a recent crisis. The call center provides a direct community referral for those seeking assistance for rent, security deposit, mortgage, utilities, shelter and/or other community services. **For information call (877) 426-6515.**

Holbrook Counseling and Behavioral Health Services provides counseling and case management services to individuals, couples and families with emotional, behavioral, relationship or family problems, including marital and parent-child conflict. Those seeking services may be facing a wide range of social and personal problems affecting their ability to cope, including homelessness, domestic violence, substance abuse and addiction, sexual abuse, a trauma or family issues related to conflict in relationships, disability or illness such as HIV/AIDS, incest or parent-child issues. In network with BCBS, Aetna, Cigna, Medicare and Medicaid. A subsidized fee scale based on household income and family size is available to those who do not have insurance. Counseling is available in English and Spanish. For information call (312) 655-7725.

Supportive Services for Veteran Families provides veterans who are homeless, or facing homelessness, with emergency housing, case management and connections to benefits from the U.S. Department of Veterans Affairs. **For more information call (847) 782-4045.**

Public Benefits Screenings help clients determine potential eligibility for Illinois Department of Human Services benefits that include the Supplemental Nutrition Assistance Program (food stamps), cash assistance and medical assistance. **For information or to schedule an appointment call Denise Yonkers at (847) 376-2101.**

The Senior Food and Nutrition Program is a supplemental food program serving seniors age 60 or older within required income guidelines. Program participants will receive monthly nutritious food in packages, plus nutrition and health information. **For more information call Denise Yonkers at (847) 376-2101.**

LOSS (Loving Outreach to Survivors of Suicide) provides services for those who are grieving a death by suicide of a family member or close friend. The LOSS Program offers monthly group meetings at Catholic Charities in Des Plaines, Holy Family Church in Inverness and St Joseph Church in Wilmette. LOSS offers weekly groups for the newly bereaved in 10-week sessions, individual and family counseling. **For information call (312) 655-7283.**

New Hope Apartments provides access to transitional housing for homeless families with children, along with case management and counseling to help them on the path to self-sufficiency. **For information call (847) 376-2100.**

Northwest Suburban Senior Services provides supportive services to older adults in **Barrington, Hanover, Palatine and Wheeling townships**. This office provides information, assistance, case management and linkages to home-delivered meals, housekeepers, homemakers, adult day care, respite care, Medicare fraud awareness and adult protective services investigations and interventions. **For information call (847) 253-5500.**

Frances Manor provides independent senior apartment living in an affordable and federally assisted building in Des Plaines. We serve people 62 or older who are able to take care of themselves and qualify as having a low income. **For information call (847) 390-1270.**

Catholic Charities Legal Assistance offers clients basic legal advice and referral services via a telephone hotline and in person. Most services are free and available in Spanish. **For more information call (312) 948-6821.**

Immigration and Naturalization Services, a Department of Justice-recognized program since 1979, provides a broad range of low-cost legal services to individuals eligible to receive immigration benefits, including legal consultations and assistance regarding immigration family matters, naturalization/citizenship, Deferred Action for Childhood Arrivals (DACA), U Visas and Violence Against Women Act (VAWA), among others. Additionally, this program provides outreach to educate and inform immigrant communities of the rights and benefits for which they may be eligible. Located at Shrine of Our Lady of Guadalupe at 1170 N. River Road, Des Plaines. **For more information, call (312) 427-7078 from 2 p.m. to 4 p.m. Monday through Friday.**

Maternity Services provide professional counseling services for pregnant teens, women, birth fathers and their families who are experiencing an unplanned pregnancy. Provides parenting education and support, adoption planning and placement, community referrals and advocacy services. **For more information call (312) 454-1717.**

Adoption Services include agency-assisted domestic and inter-country adoptions. Domestic program provides the placement of infants whose birth parent(s) have chosen to make a plan of adoption. Inter-country program provides adoptive families for children for whom a permanent home is not available in their country of birth. Travel and in-country supports are provided to families through partnerships with child-placing agencies in the country of origin of the child. Catholic Charities has child-placing services in Poland and Mexico and has collaborations with international placement programs in Africa, Asia, Eastern Europe and Latin America. **For information call (312) 655-7086 (English); (312) 655-7070 (Spanish) and (312) 655-7084 (Polish).**

Post Adoption Services provide search and reunion services to adult adoptees and birth parents. We also provide non-identifying information, individual counseling and support groups for all members of the adoption circle. **For more information call (312) 655-7088.**

Central States Institute Alcohol and Drug Assessment Services is located in the Circuit Court of Cook County in Skokie and Rolling Meadows and provides evaluation and assessment services to offenders referred by the Circuit Court and the Secretary of State's Office. **For information call (312) 948-6001.**

Refugee Resettlement Program provides comprehensive resettlement services to refugees from various regions of the world during the period of adaptation to a new environment. **For information call (312) 655-7856.**